

WHO WE ARE



We are judokas, educators, warriors and volunteers.

1991 was a remarkable year in the Master Julio Cesar Lana Jaques' life. A young man that was a student of Physical Education at the Federal University of Viçosa (Brazil) and had achieved the dream of becoming a black belt in judo. When everything seemed perfect, a serious car accident tragically changed his life. Julio fought one of the main struggles in his history. He survived and was unable to walk for 3 years. However, in the same accident, his brother Eduardo (Edu) and two other colleagues died.

It was 4 long years of recovery. During this period of much learning and reflection, the Master Júlio started teaching judo classes in Timóteo-MG (Brazil) as a volunteer at a Foundations named "Mineira da Criança" (Fumic) and "Association of Parents and Friends of the Exceptional" (Associação de Pais e Amigos do Exepcional (Apae) for around 100 children. In 1995, with the help of his Family, a friend of him Gleiser Pontes and his Master Tasso Coimbra Guerra (Founding Director of Ajudôu), they created the "Project Ajudôu" without any support and encouragement.

Since then, we have promoted the social inclusion of children and adolescents through sport. Ajudôu. Org became professional, expanded to other modalities and cities. More than 24 thousand children practicing judo; futsal; velleyball; basketball and handball have already been assisted free of charge in Ajudôu Minas Gerais.



What we do

We believe that judo and other sports practices are powerful tools in character formation and have great power to transform the lives of children and adolescents. For this reason, we developed our work to serve students from public schools in communities in social vulnerability.









GOALS



Increase the access of children and adolescents to sports and cultural activities as an educational complement



Offer activities that develop in the social, physical, mental and moral aspects of these young people



Occupying idle time in a healthy way, thus minimizing your exposure to living with marginality







PARTNER COMPANIES







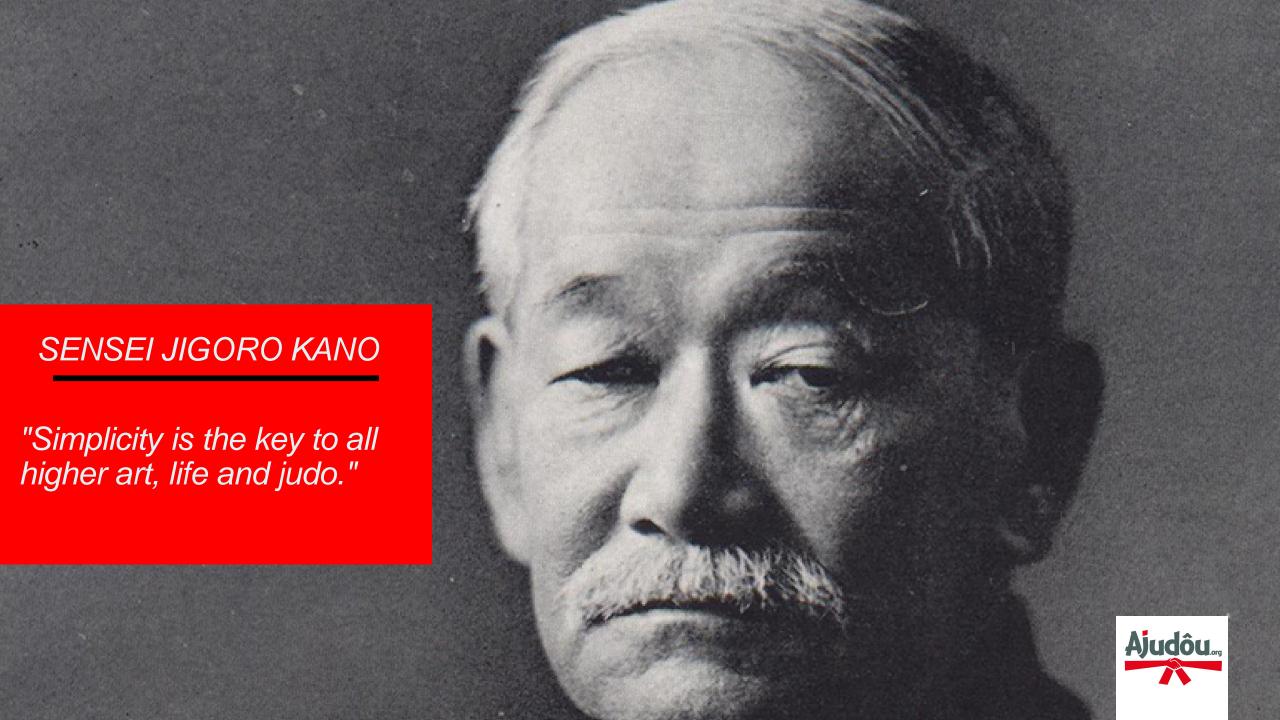














THANKS!

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